**Overall Experience: During Activity**

* How would you describe the experience during the activity? Please Explain?
* What would be some words you use to describe this experience? Why?
* Do you think it was easy to breathe together? Please Explain? How/Why?

**Overall Experience: After Activity**

* How did you feel after the activity?
* Do you think the activity was beneficial in any way? Please Explain, How and Why?
* Did you experience anything during your participation that you didn’t initially expect?

**App feedback**

* Did you use anything similar before? If yes, what does it do?
* Did you ever engaged in breathing together with anyone? If yes, how was the experince?
* What do you think about the breathing feedback in the app? Was the feedback helpful in guiding your breathing togeather? (Were you able to breathe with the feedback – expanding/contracting circle)
* If any? what improvements, you think could be made?

**Overall Picture of the Project:**

* Do you see any benefit of doing this activity together compared to when you are doing this remotely in separate locations? How/Why?
* Do you think you learn/gained anything from performing this activity together?
* If you were given access to the application how often/long would you use it?
* What makes you feel that way?